



Single Parent Travel

The definitive resource for single parents looking to travel the world!

We're taking a trip!

Come join the gang from Single Parent Travel

What: Amsterdam Bike N Barge

When: June 26-July 3, 2010

This is a perfect introduction to the Netherlands for parents and children alike. Combine the ease and convenience of cruising some of the most scenic waterways in the world, with the up close and personal experience of bicycling through Europe.

This trip is designed for the casual biker and children as young as 7 or 8 will find it easy to do. The land is flat, and in case you would rather watch the world go by from the comfort of a river boat, you can do that as well.

Your Bike N Barge trip includes breakfast and dinner daily, a dedicated biking guide, bike rental, daily cabin housekeeping, and a transfer to and from the airport in Amsterdam.

This is truly a single parent vacation where you can set your own pace. There is ample time to explore the countryside or the fabulous museums such as the Van Gogh Museum in Amsterdam. You can choose to bike or barge each day depending on your level of enthusiasm.

PRICING: \$2998 for a parent and one child
 \$4497 for a parent and two children
DEPOSIT: \$300 per person*

Airfare to and from Amsterdam is additional as is travel insurance (STRONGLY recommended). Typically, Amsterdam is one of the less expensive European cities for flights. Depending on the response, we may look into some discounted group airfare from JFK in New York.

*Deposit is due immediately to hold space. \$500 pp due January 20, 2010. Balance due March 20, 2010. Cancellation penalties \$100 after deposit. \$500 after 1/20/10. 50% after 3/20/10. 75% after 4/20/10. 100% after 5/20/10.

See complete details and daily itinerary on following pages

Call 888-277-8543

or email john@singleparenttravel.net





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Dutch Cities

Bike & Barge 8 days

Itinerary: Amsterdam – Haarlem – Leiden – Delft – Gouda - Amsterdam

Highlights: Keukenhof - Delft ware – Painting of the Dutch masters – windmills in Kinderdijk – round trip of the canals of Amsterdam

Tulips, cheese and Dutch history

The tour begins in Amsterdam and takes you to the beautiful, historical cities of Haarlem, Leiden en Delft. You visit the Keukenhof, where you can admire the Dutch tulips in their entire splendor. The windmills in Kinderdijk are visited and you will get the opportunity to admire the famous delft ware. In addition to this, a visit to the parliament buildings in the capital of The Hague and the flower auction in Aalsmeer are on the program. On your return to Amsterdam, you will go for a round trip of the canals and you will get the opportunity to visit the Rijksmuseum or the Van Gogh museum.

Day 1 (Sat, 6/26): Amsterdam

16.00 hours	Arrival
18.00 hours	Welcoming drink
18.30 hours	Dinner
20.00 hours	Walk through the city of Amsterdam

Day 2 (Sun, 6/27): Amsterdam – Zaandam - Haarlem

Biking: about 30 / 50 km. Cruising time: 6 hours

8.00 hours	Breakfast
9.00 hours	We leave Amsterdam by bike or barge into the direction of Zaandam. Bikers take the route through natural park 't Twiske. We will cycle to the historic village of Zaanse Schans, where you can see an impressive windmill in action. You can also visit a cheese factory and a clog factory. Final destination is the historic center of Haarlem.
18.30 hours	Dinner
20.00 hours	Town walk through Haarlem

Day 3 (Mon, 6/28): Haarlem – Keukenhof - Leiden

Biking: about 30 / 50 km. Cruising time: 5 hours

8.00 hours Breakfast

9.00 hours Today we bike from Haarlem to the Keukenhof, where you can admire many kinds of Dutch tulips. But on your way there, you also bike straight across the colorful tulip fields. After this, you can either board in Lisse and enjoy the landscape of South Holland from the barge, or you can bike to Leiden together with the guide. Leiden is the oldest university town of the Netherlands.

18.30 hours Dinner

20.00 hours Town walk through the historic center of Leiden.

Day 4 (Tue, 6/29): Leiden - Delft

Biking: about 50 km. Cruising time: 5 hours

8.00 hours Breakfast

9.00 hours Today we bike from Leiden via the dunes and the North Sea coast to The Hague. We visit Scheveningen and the Binnenhof, seat of the Dutch parliament. Then we bike further to Delft, where we visit a pottery. There you can admire the famous delft ware.

18.30 hours Dinner

Day 5 (Wed, 6/30): Delft - Gouda

Biking: about 45 km. Cruising time: 7 hours

7.00 hours Departure by barge from Delft to Rotterdam

8.00 hours Breakfast while cruising. We cruise via Rotterdam to Kinderdijk. During this cruise, you can see a great deal of interesting architecture from the river.

10.00 hours In Kinderdijk you have the opportunity to visit the splendid wind mills. After this, we bike along the river Hollandse IJssel, to Gouda, the famous cheese town. Gouda has a picturesque center, with a wonderful town hall. And the shopping is also good.

18.30 hours Dinner

20.00 hours Town walk

Day 6 (Thu, 7/1): Gouda - Uithoorn

Biking: about 45 km. Sailing time: 5 hours

8.00 hours Breakfast

9.00 hours We stay in Gouda this morning. You have the opportunity to do some shopping and to visit the market with its cheese weigh house.

12.00 hours We leave by barge around noon and have a light lunch on board. From Alphen a/d Rijn we bike through the 'green heart' of South Holland via river Drecht and Amstel-Drecht channel to Uithoorn.

18.30 hours Dinner

Day 7 (Fri, 7/2): Uithoorn - Amsterdam

Biking: about 35 km. Cruising time: 4 hours

7.00 hours Coffee

7.15 hours Today you go by bike to the flower auction of Aalsmeer, the largest of Europe. Here huge quantities of flowers are trucked in and sold every day, after which they are distributed all over Europe.

9.00 hours After your visit you return on board for a late breakfast.

10.00 hours The final bike tour of this trip takes you back to Amsterdam via river Amstel. It is possible to visit a cheese farm on the way. Here the cheese is prepared according to traditional methods.

15.00 hours We are back in Amsterdam early in the afternoon, so you have time to visit the Rijksmuseum or the Van Gogh museum, if you like.

18.30 hours Dinner

20.00 hours Roundtrip of the canals of Amsterdam

Day 8 (Sat, 7/3): Amsterdam

8.00 hours Breakfast

9.00 hours Departure